

# 1

## *seeing spirals*

Location: 3rd floor, Preston Bradley Hall (under the *Tiffany Dome*)

Directions:

Pick a place to stand under the dome. Play “seeing spirals” on your device. Look at another person in front of you or simply straight ahead. Once you hear a change in sound look up. Spin very slowly but not fast enough to become dizzy. Once it stops, bring gaze forward again. Look at another person or straight ahead. Repeat until sound completely stops.

# 2

## *seeing red (and beyond)*

Location: 2nd floor, Chicago Rooms (the middle room), exhibit: *SISIS* by Vincent Meessen

Directions:

Pick a place to stand or sit in front of one particular brick. Match your eyes to the two holes in your brick. Play “seeing red (and beyond)” on your device. Begin by focusing on the brick itself. Once you hear a silence, look beyond the brick: look through the holes. You may see another person, you may see empty space. Once you hear sound again, focus on the brick. Repeat until you are tapped on the shoulder.

# 3

## *seeing us*

Location: 1st floor, Garland Gallery, exhibit: *How Together* by ConstructLab

### Directions:

Pick a place to sit, facing towards others. Play “seeing us” on your device. Begin by looking at another/others. Once you hear a change in sound, find a new seat. Once you hear the original sound again, look at another/others again. Repeat until sound completely stops.